Name: Class Period:

Health Risk Interview Project

1. I interviewed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (date).
2. This is what I learned:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are the non-communicable diseases that run in our family.
   2. My \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ was \_\_\_\_\_\_ years old when he/she was diagnosed with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. This disease is \_\_\_\_\_\_\_\_\_\_\_\_.
   3. The symptoms of this disease include:
   4. Some of the treatment that they received included: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   5. They lived \_\_\_\_\_\_\_\_\_\_\_ years with this condition.
   6. The disease affected their overall health and lifestyle by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   7. The disease affected the health and lifestyle of other family members because \_\_\_\_\_\_\_\_\_\_\_\_\_.
   8. My own question:
   9. Are you, personally, at risk for this disease?
   10. What can you do to decrease your risk for this disease both now and in the future?
   11. What warning signs do you need to watch for in your life?